

# 7 SIGNS

JESUS REVEALED IN  
THE BOOK OF JOHN

*Visual Reflections are based on the practice of Visio Divina, which means "sacred seeing". We recommend reading the 'About Visual Reflections' document before leading your first reflection.*

## **Before you begin:**

- Display the image so that it can be easily seen by all participants. You could print an A4 page version for each person and/or display the image on a PPT slide.
- Ensure the space you are in is quiet and comfortable.
- Provide sticky notes, paper and pens for anyone who would like them.
- Spend some time praying for the participants.
- Consider using a quiet timer so you are not tempted to rush.

## **Jesus turns water into wine**



<https://www.pexels.com/photo/goblet-glass-with-white-wine-7989484/>



*You have probably experienced a time when words and music helped to draw you into the presence of God. In the same way, the Holy Spirit invites us into the presence of our Creator through the things that we see.*

*Today, we are going to quietly reflect on an image and invite the Holy Spirit to help us think about the nature of Jesus.*

*I will guide us through the reflection. There is no expectation or pressure for anyone to read anything or say anything out loud.*

*We will spend approximately [x] minutes on the reflection today.*

*After each prompt, there will be silent spaces where you can respond however you like.*

*As we go through the reflection, you might like to make notes or draw images on the paper provided.*

Give a copy of the image to all group members or display it on the screen.

### **Part One: Be still**

- *Take a moment to quiet your mind. Notice what is happening in your thoughts and in your body and allow yourself to be still. (20 seconds)*
- *Invite the Holy Spirit to speak to you through the reflection we are about to do. (20 seconds)*

*You might like to pray, "Holy Spirit, thank you that you are here with me. As I take time to quiet my thoughts, please speak to me and draw me into your presence. Amen."*

### **Part Two: Be curious**

- *Look at the artwork depicting Jesus turning water into wine. (30 seconds)*
- *What do you notice? (30 seconds)*
- *What part of the picture are your eyes most drawn to? (20 seconds)*

### **Part Three: Be open**

- *Make space for the image to reach your soul and draw you into God's presence. (20 seconds)*
- *How do you feel as you look at this artwork? (20 seconds)*
- *Where do you find God in this image? (20 seconds)*
- *What part of this artwork do you most identify with? (30 seconds)*

- Read John 2:9-10 (NIV)

*<sup>9</sup>and the master of the banquet tasted the water that had been turned into wine. He did not realize where it had come from, though the servants who had drawn the water knew. Then he called the bridegroom aside <sup>10</sup>and said, "Everyone brings out the choice wine first and then the cheaper wine after the guests have had too much to drink; but you have saved the best till now."*

*How does this Scripture help you to understand the image?*

## **Part Four: Be moved**

- *Talk to God about what you have discovered. (60 seconds)*
- *How does your reflection of this artwork impact your relationship with others? (30 seconds)*
- *How is God leading you to respond? (20 seconds)*
- *Offer your prayers to God now in a final time of silence. (40 seconds)*

## **Response**

Invite everyone to respond in one or all of these ways:

- Hand everyone a card/sticky note and a pen. Stick a copy of the image on the wall.
  - *On the card provided, write a word or phrase that summarises your reflection. Stick it to the wall around the image.*
- *On the card provided, write down something practical you can do to help someone and keep it as a reminder.*

If possible, participants can take a photo as a reminder.